

TENTATIVE

NHSGA Senior Showcase Invitational 2010

***Tentative Time Schedule Revised 5/17/10**

Thursday May 20, 2010

Please bring your t-shirt that you want to exchange to the practice on Thursday-make sure you get your name highlighted so you can get one during open stretch at Finals on Sunday.



3:00-7:00pm Scheduled Workout at Ft Myers Community Center-this is primarily a time to familiarize yourself with the equipment, **not to have a full workout.**

Each State (team) will be assigned approximately 15 minutes per event/per 6 competitors per 15 minute time slot.

8:30pm Coaches **and** Gymnasts Meeting Diamond Head –Diamond Room near lobby

NHSGA Meeting Immediately after coaches/gymnasts meeting at Diamond Head. Same room as gymnast meeting.

Coaches Social—Room TBA at Meeting

Friday May 21, 2010-Prelims and Team Competition

9:30 am Gym Opens
9:30-10:30 Open Stretch
10:40am March In and Opening Ceremonies
11:00 Competition Begins

Coaches Social @ Diamond Head -Time and Place TBD

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Saturday May 22, 2010-Event Finals

9:00 am Gym Opens
9:00-10:15 Open Stretch and Event Warm Ups -Pick up your exchange t-shirt
10:20 March In (ALL Teams/Competitors/Coaches March In)
10:30 Event Finals Begin
6:00-10:00pm Gymnast/Coaches Social- **Dinner Dance** in the DiamondHead Ballroom, near lobby.

This is a TENTATIVE timeline and is subject to change. Check back to the website often and with the front desk at the hotel for a finalized timeline.

**Gymnasts and Coaches Social
Dinner Dance in the Ball Room at DiamondHead
6:00-10:00pm**



*A finalized timeline will be available at the gymnast/coaches meeting on Thursday evening